

## **Eleven+ Welcomes Chris Langford**

Chris Langford is an accomplished licensed professional counselor equipped with not one but two Masters degrees in Psychology. Despite his family not experiencing upward mobility, Chris's exposure to higher education and unwavering perseverance enabled him to apply the lessons learned towards achieving his own goals. Throughout his journey to becoming a professional therapist, he encountered numerous challenges, but it was the influence of several mentors that truly made a significant difference in his life. With great insight and advice, Chris will share his personal story and offer a unique perspective on mentoring.

